

“Wherefore, ye must press forward with a steadfastness in Christ, having a perfect brightness of hope, and a love of God and of all men. Wherefore, if ye shall press forward, feasting upon the word of Christ, and endure to the end, behold, thus saith the Father: Ye shall have eternal life” (2 Nephi 31:20)

Press Forward In The Truth

With determination

(for the 2016 LDS Youth Theme)

Words and music by Sara Lyn Baril

$\text{♩} = 70-80$

The musical score is written for voice and piano. It begins with a tempo marking of 70-80 beats per minute. The key signature has one sharp (F#), and the time signature is 4/4. The score is divided into three systems. The first system shows the vocal melody and piano accompaniment. The piano part starts with a mezzo-forte (mf) dynamic and ends with a mezzo-piano (mp) dynamic. The second system begins with a measure rest for the vocal line, indicated by a '5' above the staff. The piano part continues with a mezzo-forte (mf) dynamic. The third system begins with a measure rest for the vocal line, indicated by a '9' above the staff. The piano part continues with a mezzo-forte (mf) dynamic. The score concludes with a double bar line.

We are

on a path that leads us home to our Fa-ther whom we've al - ways known, and with
things dis-tract us on our way. Cal-ling out to tempt and lead a - stray. But the

*Both hands, one octave higher on second verse, these two bars only.

all of our strength, e - ven when it's steep, we must keep on climb-ing; we have cov'-nants to
spi - rit will guide when we live His word. If we keep our fo - cus our safe - ty's a -

Chorus

keep. ssured. We will press for - ward in the truth with stead - fast faith in

17

Je - sus Christ. Hope a - live, per-fect-ly bright with love of God and of all

21

men. We must feast u - pon the word of Christ, and to the end en -

25

dure. For if we do these things, says God, e - ter - nal life is

29 1. 3

sure. Ma-ny

**optional division of voices*

33 2. (*Press for - ward! Press for - ward!)

sure. For if we do these things, says

mp

36

God, e - ter - nal life is sure.

rit. *mf a tempo*

39